



Admissions and Referrals

Referrals may be self-referrals or made by any professional or family member interested in helping the client achieve improved well-being. Physicians, psychiatrists, family members, social service agencies, group homes, home health agencies, senior centers, or individuals may request a confidential assessment in the home, hospital, or clinic by contacting the Boulder City Hospital Intensive Outpatient Program at (702) 294-5757.

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Unfortunately, the body can also overreact to stressors that are not life-threatening, such as traffic jams, work pressure, and family difficulties.

Over the years, researchers have learned not only how and why these reactions occur, but have also gained insight into the long-term effects chronic stress has on the physical and psychological health.”

“Understanding the Stress Response”

*Dr. Howard E. LeWine, MD,
Chief Medical Editor, Harvard Health Publishing*



Boulder City Hospital

INTENSIVE OUTPATIENT PROGRAM

For additional information or to schedule a free and confidential evaluation, please call the Intensive Outpatient Program (702) 294-5757 or fax a referral to (707) 294-5761

Boulder City Hospital
901 Adams Boulevard
Boulder City, Nevada 89005
BCHcares.org

Medicare Approved

Boulder City Hospital, established in 1931, is a private, nonprofit 501(c)(3) charitable organization committed to providing compassionate, quality care for our patients and the communities we serve.

Boulder City Hospital is an equal opportunity provider and employer.



Boulder City Hospital

COMPASSIONATE. QUALITY. CARE.

INTENSIVE OUTPATIENT PROGRAM



IF YOU OR A LOVED ONE IS IN CRISIS
CALL OR TEXT 988



Building A Healthy Community



At the Boulder City Hospital Intensive Outpatient Program, we provide a Bio/Psych/Social/Spiritual model, meaning we consider the interplay of physical, mental, relational, and spiritual health. Research continues to expand our understanding of the importance of these four areas in our overall health.

Our Team

- Psychiatrist
- Nurse Practitioner
- Registered Nurses
- Marriage and Family Therapists
- Clinical Social Workers

Insurances We Accept

We accept Medicare. We can work with you and your insurance company to create a Letter of Agreement.



The Boulder City Hospital Intensive Outpatient Program meets the needs of people who are able to remain in the community, but require more specialized and intensified care than traditional outpatient clinics to safely reduce the risk for harm and hospitalization.

Consider our IOP if you, or someone you know:

- Struggles to adjust to retirement
- Has difficult or estranged relationships
- Has difficulty managing physical health conditions
- Expresses deep sadness or loneliness
- Suffers from high levels of stress



Boulder City Hospital

INTENSIVE OUTPATIENT PROGRAM
MONDAY - FRIDAY
8AM TO 4:30PM
TEL: (702) 294-5757
FAX: (702) 294-5761

Medicare Approved

Is an IOP the right fit for you?

Sometimes life transitions and changes become overwhelming and traditional one-on-one weekly therapy isn't working, our Intensive Outpatient Program (IOP) may be just the right fit for you.

An Intensive Outpatient Program (IOP) meets three times a week for three hours a day. Each week, there are nine hours of group therapy, allowing you to find a supportive, encouraging environment where you can work through difficulties with others.

Individual and family sessions may be provided as a part of your individualized treatment plan.



GROUP THERAPY



INDIVIDUAL THERAPY



FAMILY THERAPY



BIOPSYCHOSOCIAL



MEDICATION MONITORING



TRANSPORTATION

Door-to-Door from most parts of Las Vegas and Henderson is available and may be arranged.