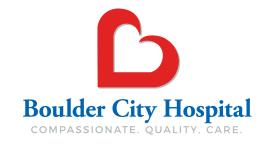
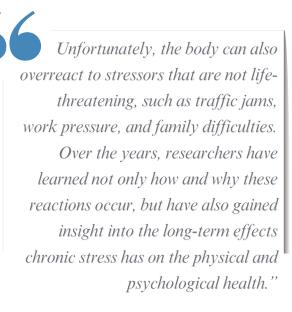


# Admissions and Referrals

Referrals may be self-referrals or made by any professional or family member interested in helping the client achieve improved well-being. Physicians, psychiatrists, family members, social service agencies, group homes, home health agencies, senior centers, or individuals may request a confidential assessment in the home, hospital, or clinic by contacting the Boulder City Hospital Intensive Outpatient Program at (702) 294-5757.



## INTENSIVE OUTPATIENT PROGRAM



"Understanding the Stress Response" Dr. Howard E. LeWine, MD, Chief Medical Editor, Harvard Health Publishing

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INTENSIVE OUTPATIENT PROGRAM

For additional information or to schedule a free and confidential evaluation, please call the Intensive Outpatient Program (702) 294-5757 or fax a referral to (707) 294-5761

Boulder City Hospital 901 Adams Boulevard Boulder City, Nevada 89005 BCHcares.org

Medicare Approved















## **Building A Healthy Community**



At the Boulder City Hospital Intensive Outpatient Program, we provide a Bio/Psych/Social/Spiritual model, meaning we consider the interplay of physical, mental, relational, and spiritual health. Research continues to expand our understanding of the importance of these four areas in our overall health.

#### **Our Team**

- Psychiatrist
- · Nurse Practitioner
- Registered Nurses
- Marriage and Family Therapists
- Clinical Social Workers

#### **Insurances We Accept**

We accept Medicare. We can work with you and your insurance company to create a Letter of Agreement.

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The Boulder City Hospital Intensive Outpatient Program meets the needs of people who are able to remain in the community, but require more specialized and intensified care than traditional outpatient clinics to safely reduce the risk for harm and hospitalization.

Consider our IOP if you, or someone you know:

- Struggles to adjust to retirement
- Has difficult or estranged relationships
- Has difficulty managing physical health conditions
- Expresses deep sadness or loneliness
- · Suffers from high levels of stress



INTENSIVE OUTPATIENT PROGRAM
MONDAY - FRIDAY
8AM TO 4:30PM
TEL: (702) 294-5757

FAX: (702) 294-5761

Medicare Approved

# Is an IOP the right fit for you?

Sometimes life transitions and changes become overwhelming and traditional one-on-one weekly therapy isn't working, our Intensive Outpatient Program (IOP) may be just the right fit for you.

An Intensive Outpatient Program (IOP) meets three times a week for three hours a day. Each week, there are nine hours of group therapy, allowing you to find a supportive, encouraging environment where you can work through difficulties with others.

Individual and family sessions may be provided as a part of your individualized treatment plan.













