



Meet Our Medical Director



Dr. Scott Rubin, MD is a health care provider primarily located in Boulder City, NV. Dr. Rubin graduated from the University of California, San Francisco Medical School in 1980. With more than 45 years of clinical and private practice experience, Dr. Rubin specializes in psychiatry, neurology, and addiction medicine. Dr. Rubin is affiliated with Boulder City Hospital.

Scott Rubin, M.D.

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Our multidisciplinary clinical providers help clients find the support, treatment, and balance they need to live a more productive, and less burdened, quality of life.

S. Rubin, M.D.

Admissions and Referrals

Referrals may be made by any professional or family member interested in helping the client achieve improved wellbeing. Physicians, psychiatrists, family members, social service agencies, group homes, home health agencies, senior centers, or individuals may request a confidential assessment in the home, hospital, or clinic by contacting the Boulder City Hospital Partial Hospitalization Program at (702) 294-5757.



Boulder City Hospital

PARTIAL HOSPITALIZATION PROGRAM

For additional information or to schedule a free and confidential evaluation, please call the Partial Hospitalization Program (702) 293-4111 ext. 1657

Boulder City Hospital
901 Adams Boulevard
Boulder City, Nevada 89005
BCHcares.org

Medicare Approved

Boulder City Hospital, established in 1931, is a private, nonprofit 501(c)(3) charitable organization committed to providing compassionate, quality care for our patients and the communities we serve.

Boulder City Hospital is an equal opportunity provider and employer.



Boulder City Hospital
COMPASSIONATE. QUALITY. CARE.

PARTIAL HOSPITALIZATION PROGRAM

A Multidisciplinary Emotional Support Approach



IF YOU OR A LOVED ONE IS IN CRISIS CALL OR TEXT 988



Building A Healthy Community



At the Boulder City Hospital Partial Hospitalization Program, we provide a structured, individualized program and intensive psychiatric care focusing on the specific needs of each client with the goal of increasing one's health related quality of life.

We offer treatment for depression, bipolar disorder, psychosis, severe anxiety and other mood disorders.

The Partial Hospitalization Program is staffed by a multidisciplinary team that includes psychiatrists, marriage and family therapists, social workers, and psychiatric nurses.

Through comprehensive group and individual therapy, clients gain skills necessary to enhance their quality of life and maximize their ability to function independently.



The Boulder City Hospital Partial Hospitalization Program meets the needs of people who are able to remain in the community, but require more specialized and intensified care than traditional outpatient clinics to safely reduce the risk for harm and hospitalization.

The partial hospitalization program provides a supportive environment where clients can gain the skills and resources that will foster independence, self-confidence and self-reliance. With the help of our highly qualified staff, the crucial goals of restoring a sense of self worth and returning to an optimal level of productivity can be reached.



Boulder City Hospital

**PARTIAL HOSPITALIZATION
MONDAY - FRIDAY
8AM TO 4:30PM
(702) 293-4111 EXT. 1657**

Medicare Approved

Partial Hospitalization Services

Utilizes a Biopsychosocial model of treatment that is interdisciplinary and considers the interconnectedness of biological, psychological, and socio-environmental factors to mental and emotional health.

- Individualized Plans of Care
- Goal Setting and Management
- Health and Wellness Therapy
- Group Therapy
- Individual Therapy
- Cognitive Therapy

Utilizes a psychoeducation model on:

- Anger Management
- Medication Management
- Nutrition and your Mental and Physical Health
- Self-Awareness
- Stress Response Management
- Symptom Management
- Addictive Behaviors
- Problem Solving/Decision-making
- Relational Health
- Spirituality Health
- Trigger Identification



GROUP THERAPY



INDIVIDUAL THERAPY



COGNITIVE THERAPY



BIOPSYCHOSOCIAL



MEDICATION MONITORING



NURSING CARE



TRANSPORTATION

Door-to-Door from most parts of Las Vegas and Henderson is available and may be arranged.